



# NOYA NEWS



## News Bulletin - Content

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# Admissions for the Academic Year 2025/2026

We are excited to announce that registration for new students at Aldar Academies for the academic year 2025-2026 is now open.

It is important to note that we strictly adhere to regulations set forth by the Department of Education and Knowledge (ADEK) when placing children in specific years or grades within our schools. Please refer to the following guidelines:

Students will be assigned to year groups or grades in accordance with their age from FS1 to Year 2 and Pre-KG to Grade 1, as follows:

Age	Year/ Grade	DOB from	DOB To
3-4	FS1/Pre-KG	01 September 2021	31 August 2022
4-5	FS2/KG1	01 September 2020	31 August 2021
5-6	Year 1/KG2	01 September 2019	31 August 2020
6-7	Year 2/Grade1	01 September 2018	31 August 2019

For more information, please contact our admissions team on [admissions@noya.sch.ae](mailto:admissions@noya.sch.ae)



### Message from the Principal - Mrs. Sarah Isberg



What an incredible week it has been at Noya British School! From the Year 6 trip to Masdar Park, where students explored sustainability and innovation, to our engaging Phonics Workshop for parents, there has been so much to celebrate. We also proudly launched High Performance Learning to our students, focusing on the Advanced Cognitive Performance area of Metathinking, encouraging our students to think critically and reflectively. It's been a week full of learning, growth and exciting opportunities for everyone!



Following the success of our first Sunshine Day, we are excited to announce our second Sunshine Day, which will take place on **Friday, 24th January 2025**. This time, our theme is **Generosity**, focusing on the importance of caring for others and making a positive impact.

During the day, each class will engage in thoughtfully designed lessons and activities centered around generosity. These lessons aim to help children explore the value of giving, kindness, and community.

We would like to invite parents in to school to spend time with your child/children in classrooms on this day. Please come and join us at 10.15am - 11.15am. We would ask you to enter at the Primary and FS entrance on this day where we will be standing to welcome you. We are more than happy for you to take your children home with you at 11.15am should you wish.

To add to the spirit of the day, we encourage all students and parents to wear as much yellow as possible. This vibrant colour symbolises sunshine and positivity and we can't wait to see the creative yellow outfits your children come up with! There will also be prizes awarded for the best-dressed yellow outfits, adding an extra layer of fun and excitement to the occasion.

As we celebrate generosity, we will be focusing on:

- **Acts of Kindness:** Encouraging students to perform small acts of kindness for their peers, teachers and family members.
- **Sharing and Giving:** Discussions about how generosity can come in many forms, from sharing resources to giving time and attention.
- **Community Connections:** Exploring how we can contribute to the well-being of others in our school and local community.

If you have any questions or would like further information, please do not hesitate to contact us.

We look forward to celebrating this special day with your children and witnessing their wonderful expressions of generosity.

### Message from the Assistant Principal - Mr Michael Hughes

At Noya British School, certificates are awarded every Friday during assembly to celebrate our student's achievements and values. These include:

- **Learner of the Week** - This award recognises a student for their academic or personal growth.
- **Arabic Learner of the Week** - Awarded by the Arabic department to a student showing excellence in Arabic language learning.
- **Principal's Award** - Given to students who consistently display outstanding behaviour and serve as role models. These students are invited to a special breakfast with the Principal, Mrs. Isberg.
- **Sheikh Zayed Vision & Legacy Award** - This award is given learners who exemplify one of the 8 core values of Sheikh Zayed: Integrity, Compassion, Tolerance, Global Understanding, Kindness, Generosity, Honesty and Respect.
- **Attendance Award** - Awarded to the class with the best attendance within each phase.
- **Smartie of the Week** - Given to the class that demonstrates excellent behaviour while transitioning between activities and wears the correct Noya school uniform.

These awards aim to encourage students to embody excellence, values, and positive conduct both inside and outside the classroom.





# Sheikh Zayed Awardee Certificates



# Principal Award Certificate



The Principal's Award is given to learners who exemplify outstanding effort, achievement and character. This award celebrates those who demonstrate a commitment to their personal growth, academic excellence and a positive impact on the school community.

- Ms Sarah Isberg



# Attendance Certificates





## EYFS Updates

What an exciting and busy week we've had in both FS1 and FS2! We kicked off the week with a visit to the book fair, where the children eagerly selected their own books, beaming with pride over their choices. It was truly wonderful to see their enthusiasm and sense of ownership in reading. The children also enjoyed a dramatic role play of a story, immersing themselves in the characters and bringing the narrative to life in a fun, interactive way. We launched our High-Performance Learning (HPL) program with an engaging detective activity that encouraged teamwork, problem-solving and planning skills as the children worked together to solve fun challenges. A special highlight this week was watching the children create their own fruit kebabs, taking great pride in their creations and sharing why they liked the fruits they chose. Looking ahead, we'll continue to dive into hands-on activities that inspire curiosity and foster a love for learning. In FS2, we also started our transport and journeys theme and are excited to invite donations of recyclable materials for our upcoming projects. For more details, please refer to the half-termly overview shared last week. Wishing you all a lovely weekend and we can't wait to see the children back for another fun-filled week!





## KS1 Updates

This week in Key Stage 1, the children continued to make great progress with their new topics, diving deeper into their learning with enthusiasm. The highlight of the week was an exciting HPL (High Performance Learning) meta thinking activity, where the children worked together as detectives to solve the mystery of who stole Ms. Isberg's trophy. The children were buzzing with excitement as they deciphered clues and collaborated to uncover the culprit. It was a fun and engaging way for the children to apply their problem-solving skills and they demonstrated fantastic teamwork and critical thinking throughout the challenge!



## KS2 Updates

Dear Parents,  
We have enjoyed another fantastic week at Noya British School!  
Our Year 6 pupils thoroughly enjoyed our visit to Masdar City and have gained a wealth of knowledge on how to keep sustainability at the heart of everything we do. We have also launched our Higher Performance Learning initiative which will support high quality teaching and learning across school. Our launch was very successful and the teachers and children are excited to continue this journey ahead.



**YEAR 6 TRIP TO MASDAR CITY**





## PE Updates

An excellent week for P.E here at Noya British School!

We saw the start of our ECAs with a bang! We held activities such as Yoga, Dance, Football, Rugby, etc. We loved seeing the student engagement with plenty of laughs, smiles and skills on display from all! We invite more students to come and take part in our ECAs as we continue to grow and build upon more sporting opportunities!



In our KS2 classes, we started to develop our understanding and tactics of invasion games and will continue to grow on that throughout the term. Whilst our KS1 students started to develop their ball mastery skills and our EYFS continue to develop gross motor skills and movement patterns!

We thank you all for our joining us on a sporting journey as we continue to grow, play, and learn through P.E!

## MOE Updates

التقى طلاب مسابقة القرآن الكريم بالمعلم المسؤول عن المسابقة في جلسة توجيهية مثمرة، حيث تم توضيح أهداف المسابقة وشروطها وآلية التقييم. قدم المعلم نصائح قيّمة للطلاب، من بينها: أهمية الاستماع الجيد للتلاوات الصحيحة، الالتزام بأحكام التجويد، تخصيص وقت يومي للمراجعة والحفظ، والمحافظة على هدوء النفس أثناء التلاوة. كما شجّعهم على التركيز على مخارج الحروف والتدرب على التلاوة أمام أفراد الأسرة لاكتساب الثقة. نتمنى لجميع المشاركين التوفيق والنجاح في رحلتهم القرآنية.

The Quran Competition students met with the teacher in charge of the competition in a productive guidance session. During the session, the objectives, rules and evaluation criteria of the competition were explained. The teacher provided valuable advice to the students, including: the importance of carefully listening to proper recitations, adhering to Tajweed rules, dedicating daily time for review and memorization and maintaining calmness while reciting. The students were also encouraged to focus on the correct articulation of letters and to practice reciting in front of family members to build confidence. We wish all participants success in their Quranic journey.





## ECAs updates - Ms Kristel

We had a fantastic start to our Extracurricular Activities (ECAs) this week! With so many exciting options available, it was wonderful to see the students buzzing with excitement as they joined their chosen activities.

From creative pursuits to active sports and innovative coding, the enthusiasm and energy from our students have been truly inspiring. We are thrilled to offer such a wide variety of opportunities for our learners to explore their passions and develop new skills.

If you wish to sign up for any external ECAs, or if you have any queries about invoices or concerns, please contact [morne.j@infinisportsuae.com](mailto:morne.j@infinisportsuae.com).

Please note that our teacher-led ECAs are now closed and it is no longer possible to sign up your child/children for these activities.

I hope this term's ECAs bring lots of joy and curiosity to the students. Thank you all for your patience and understanding during the sign-up process.

Best regards,  
Kristel Bourgeois  
ECA Coordinator





# Creative and Performing Arts



🌟 **NOYA Has Talent Auditions Next Week!** 🎤🎭

Dear Parents,

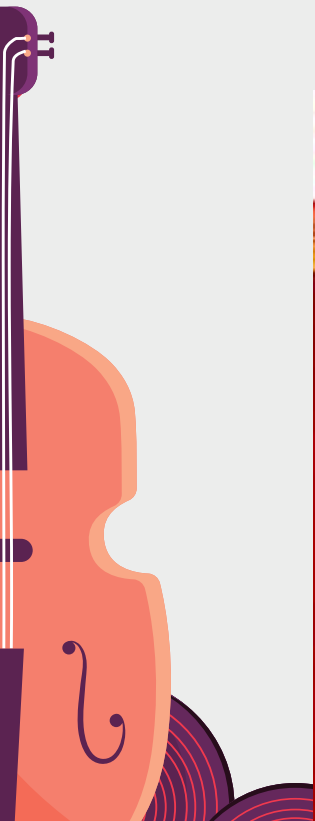
We are excited to announce that the *NOYA Has Talent* auditions will take place next week, from **Monday to Thursday**, in our **Music/Drama Room!**



If you've signed your child up for the auditions, please remind them to practice and get ready to shine. 🌟 Each student will have **3 minutes** to show off their real talent and wow the judges! 🎬🎉

We can't wait to see the incredible talents our students will bring to the stage! 🎤🌟

Thank you for your support and let's get ready for an amazing week of creativity and fun! 🎵😊





# HPL - High Performance Learners



This Week, we launched our HPL journey, kicking off with the ACP 'Meta-thinking'. Students used their meta-thinking skills in a variety of ways to solve and capture the culprit of the stolen house cup 🏆





# WELLBEING TIPS



- **Prioritise Self-Care:** We encourage parents to schedule regular "me-time" activities, whether it's reading a book, exercising, or simply taking a quiet moment to unwind. Self-care is crucial for maintaining mental and emotional health, which in turn enhances parenting abilities.
- **Stay Connected:** We would like to emphasize the importance of maintaining social connections with friends and family. Parenting can sometimes be isolating, especially when you are situated in a foreign country. Thus, fostering relationships outside of family responsibilities can provide support and reduce feelings of loneliness.
- **Seek Support:** We would like to remind parents that it's okay to ask for help when needed. Whether it's from a partner, family member, or friend, having a support network can alleviate stress and make parenting more manageable. We all need a little help sometimes.

## Top 10 Tips For Mental Health And Wellbeing

Let's keep it simple!



#1

Put yourself and your needs higher on your agenda.

#2

Look out for signs that friends, family and colleagues need support.

#3

Put inhibitions aside and speak out when issues arise.

#4

Find your passion and do more of what makes you happy.

#5

Get enough rest; address underlying causes of lack of rest.

#6

Seek healthier food that you love. Eat more of it.

#7

Find exercise that you find fun. Do more of it.

#8

Make connections with likeminded people. Be brave and take the first step.

#9

Spend time in nature and undertake other mindful practices.

#10

Develop a positive mindset, go with the flow and have an attitude of gratitude.



# ECO FRIENDLY TIPS

## Eco Tip 2

SDG 12 Responsible Consumption and Production

Support farmer's markets to promote sustainable agriculture.



Fact: Food at farmers' markets travels less than 100 km, compared to 2,400 km for supermarket produce, reducing carbon emissions and supporting local farmers.



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# INCLUSION DEPARTMENT UPDATES

## MS REBECCA BRISTOW

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At Noya British School, we are committed to fostering an inclusive and supportive environment where every student feels valued and empowered to succeed.

This week, we have focused on creating opportunities for every child to thrive and feel a sense of belonging within our school community.

Highlights from this week:

- **Sensory-Friendly Spaces:** We have enhanced our sensory corners in classrooms, providing students with calm areas to self-regulate and refocus when needed.
- **Individualised Learning:** Teachers have been implementing personalised strategies to support students with diverse learning needs, ensuring progress towards their individual goals.

Parent Tips for Supporting Inclusion at Home:

- **Encourage Emotional Awareness:** Talk to your child about their feelings and help them identify what “zone” they’re in (e.g., calm, frustrated, excited). Using colours or visuals can make this easier for younger children.
- **Promote Kindness and Empathy:** Share stories or experiences that highlight the value of understanding others’ perspectives. Role-playing can also help build empathy.
- **Create a Structured Routine:** Consistency helps all children feel safe and confident. Use visual schedules or checklists to help them navigate daily tasks.
- **Celebrate Small Wins:** Recognise and celebrate your child’s efforts and achievements, no matter how small. Positive reinforcement boosts confidence and motivation.

Upcoming Event:

We are excited to announce a **Parent Coffee Morning happening on 21st January in collaboration with the American Centre.** This session will:

- Give parents the opportunity to meet and connect with one another.
- Include representatives from the centre, who will be available to answer any questions regarding occupational therapies and speech and language therapy, as well as provide information on how to sign up for their services.

We encourage all parents to attend this informative and social event. Look out for more updates in the coming weeks!



[rbristow@noya.sch.ae](mailto:rbristow@noya.sch.ae)



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# MESSAGE FROM THE SCHOOL COUNSELLOR

## MS LAUREN PANDIT

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As the school counsellor, I am delighted to share an update on the initiatives we've been working on to support our students' well-being and development.

This term, we are focusing on fostering resilience, empathy and effective communication skills across all year groups. These values are being integrated into our weekly counselling sessions, empowering students to navigate challenges with confidence and build positive relationships.

Additionally, with the launch of High Performance Learning (HPL) this week, we are reinforcing these skills to align with the values of kindness, emotional intelligence and reflective thinking that HPL promotes.

Together, we are nurturing a community where academic success and emotional well-being thrive in harmony.



[lpandit@noya.sch.ae](mailto:lpandit@noya.sch.ae)





# KEY UPDATES

## SMARTIE OF THE WEEK

- YEAR 4 - A
- YEAR 1 - E

## SCHOOL BAG WEIGHT

[HTTPS://WWW.NOYA.SCH.AE/WP-CONTENT/UPLOADS/2024/12/SCHOOL-BAG-WEIGHT.PDF](https://www.noya.sch.ae/wp-content/uploads/2024/12/school-bag-weight.pdf)



Year 4 - A



Year 1 - E



# JANUARY EVENTS

## NOYA BRITISH SCHOOLS January

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
	<del>5</del>	<del>6</del>	<del>7</del>	<del>8</del>	<del>9</del>	10
11	<del>12</del>	<del>13</del>	<del>14</del>	<del>15</del>	<del>16</del>	17
18	<del>19</del>	<del>20</del>	21	22	23	24
25	26	27	28	29	30	31

### NOYA BRITISH SCHOOLS

# 8 Billion Ideas

## Parent Online Workshop



Hosted By:  
**David Harkin**

TUESDAY  
JANUARY 28, 2025  
9:30 am - 10:30 am

FOUNDER & CEO OF 8BILLIONIDEAS

Link shared in Noya's  
Newsletter

[www.8billionideas.com](http://www.8billionideas.com)

NOYA  
BRITISH SCHOOLS

# COFFEE MORNING

INCLUSION DEPARTMENT  
Date: Tuesday, January 21st  
Time: 9:30 AM  
Location: Main Reception

IN COLLABORATION WITH THE AMERICAN CENTRE



COMING SOON



**NOYA**  
BRITISH SCHOOL

## JOIN OUR RECRUITMENT DAY

Friday 24th Jan 2025  
2:00 PM to 5:00 PM

Current vacancies include:

- Senior Leadership Roles
- Secondary Teachers
- Primary Teachers

PART OF ALDAR SCHOOLS

www.noya.sch.ae

050-4111550

A circular inset image shows three people in a meeting, with one person giving a high-five to another.



**NOYA**  
BRITISH SCHOOL

## JOIN OUR OPEN DAY

FS1 - YEAR 8

27 January 2025  
8:30 AM - 10:00 AM

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A circular inset image shows a young girl in a blue shirt holding a wooden stick, with another child sitting at a table with colorful toys.



**live**  
ALDAR

**ALDAR**

## COMING SOON!

STAY CONNECTED LIKE NEVER BEFORE WITH OUR NEW **LIVE ALDAR** MOBILE APP

UPDATES, PROGRESS & MORE—RIGHT AT YOUR FINGERTIPS!

## STAY TUNED!

ALDAR EDUCATION

الدائرة للتعليم

A smartphone screen displays the app interface with a video player and text: "Shaping Our Future", "New Report", "Today", "Education", "K12 Bright Programme", "As we raise the quality of our learning by providing robust support".



نويا  
مدرسة بريطانية

**NOYA**  
BRITISH SCHOOL

## SUNSHINE DAY

Friday, 24 January 2025

STUDENTS AND PARENTS ARE ENCOURAGED TO WEAR **YELLOW**

PART OF ALDAR SCHOOLS

www.noya.sch.ae

A sun icon is positioned above the "SUNSHINE DAY" text.

Coming Soon! Stay connected like never before with the new Live Aldar Mobile App! Get updates, reports, and so much more—all at your fingertips. Stay tuned for the launch!

Join us on Friday, January 24th for In-Class Activities with your child/children at 10:15 AM

**IMPORTANT**



# NUTRITION MONTHLY NEWSLETTER

## 🌱 JANUARY EDITION 🌱

YOUR MONTHLY DOSE OF NUTRITION TIPS TO STAY HEALTHY THROUGH THE WINTER SEASON!

### 🥬 WINTER SUPERFOODS

- **ROOT VEGETABLES:** SWEET POTATOES, CARROTS, AND PARSNIPS ARE FIBER-RICH AND PACKED WITH VITAMINS.
- **CITRUS FRUITS:** ORANGES AND GRAPEFRUITS BOOST YOUR IMMUNE SYSTEM WITH VITAMIN C.
- **DARK GREENS:** KALE AND SPINACH PROVIDE IRON AND ANTIOXIDANTS.
- **NUTS & SEEDS:** WALNUTS AND CHIA SEEDS SUPPORT HEART AND BRAIN HEALTH



## WINTER'S SUPER FOOD

HERE'S A LIST OF 16 SUPERFOODS WHICH HELPS BOOST YOUR IMMUNITY IN WINTER



### MINDFUL EATING TIP

SLOW DOWN AND SAVOR YOUR MEALS! TAKE SMALL BITES, CHEW THOROUGHLY, AND PAUSE BETWEEN BITES TO TUNE INTO YOUR HUNGER AND FULLNESS CUES. IT HELPS DIGESTION AND PREVENTS OVEREATING.

**FOOD NATION**  
EAT BRIGHT

### MYTH

#### : SUGAR & HEALTH

**MYTH:** SUGAR IS THE MAIN CAUSE OF WEIGHT GAIN.  
**FACT:** NATURAL SUGARS FROM FRUITS AND VEGGIES ARE HEALTHY, WHILE ADDED SUGARS (IN SODAS, SWEETS) SHOULD BE LIMITED. MODERATION IS THE KEY!

#### HEALTHY HOLIDAY TREAT:

#### NO-BAKE GINGERBREAD

#### ENERGY BITES

**INGREDIENTS:** OATS, DATES, BUTTER, CINNAMON, GINGER, HONEY.

**INSTRUCTIONS:** BLEND, ROLL INTO BALLS, REFRIGERATE. ENJOY A GUILT-FREE FESTIVE SNACK!



#### ★ SHARE YOUR RECIPES!

WHAT'S YOUR FAVORITE WINTER DISH? SEND US YOUR HEALTHY RECIPES TO BE FEATURED NEXT MONTH!

STAY HEALTHY, ENJOY THE SEASON, AND EAT WELL!

للاستفسارات والاقتراحات  
noor.zalloom@foodnationme.com



جرعتك الشهرية من نصائح التغذية للبقاء بصحة جيدة خلال موسم الشتاء!

### الأطعمة الخارقة لفصل الشتاء ❄️

- الخضروات الجذرية: البطاطا الحلوة، الجزر، واللفت غنية بالألياف و الفيتامينات
- الفواكه الحمضية: البرتقال والجريب فروت . يعززان جهاز المناعة
- الخضروات الورقية الداكنة: الكالي والسبانخ . يوفران الحديد ومضادات الأكسدة
- المكسرات والبذور: الجوز وبذور الشيا يدعمان صحة القلب والدماغ



وجبة خفيفة صحية للعلطات

كرات الطاقة بنكهة الزنجبيل بدون خبز  
المكونات: شوفان، تمر، زبدة ، قرفة،

زنجبيل، عسل

طريقة التحضير: اخلط المكونات، ثم شكّلها  
إلى كرات و ضعها في الثلاجة. استمتع بوجبة  
أخفيفة احتفالية خالية من الذنب



## WINTER'S SUPER FOOD

HERE'S A LIST OF 10 SUPERFOODS WHICH HELPS BOOST YOUR IMMUNITY IN WINTER



نصيحة للأكل اليقظ

خذ وقتك واستمتع بوجباتك! تناول لقيمات صغيرة، امضغ الطعام جيدًا، وتوقف بين كل قضمة للاستماع إلى إشارات الجوع والشبع. يساعد ذلك في تحسين الهضم ويمنع الإفراط في الأكل.

دحض الخرافات: السكر والصحة

- الخرافة: السكر هو السبب الرئيسي لزيادة الوزن
- الحقيقة: السكريات الطبيعية الموجودة في الفواكه والخضروات صحية، بينما يجب الحد من السكريات المضافة (في المشروبات الغازية والحلويات). الاعتدال هو المفتاح!

شارك وصفاتك!

ما هو طبقك المفضل في فصل الشتاء؟ أرسل لنا وصفاتك الصحية لتظهر في العدد القادم

# Term 2 Dates for the Diary

Half Term Holiday – Term 2	10th February – 14th February 2025
Students back to school after Half Term Holiday – Term 1	17th February 2025
End of Term 2	21st March 2025
Spring Holiday	24th March 2025 – 04th April 2025

## Who to Contact?

- Head of Primary / VP, Ms Tammy Elimlahi at [telimlahi@noya.sch.ae](mailto:telimlahi@noya.sch.ae)
- Assistant Principal, Mr Michael Hughes at [mhughes@noya.sch.ae](mailto:mhughes@noya.sch.ae)
- Head of KS1, Ms Michelle Cronin at [mcronin@noya.sch.ae](mailto:mcronin@noya.sch.ae)
- Head of KS2, Ms Ayesha Mirza at [amirza@noya.sch.ae](mailto:amirza@noya.sch.ae)
- Head of PE, Mr Jack Stanbury at [jstanbury@noya.sch.ae](mailto:jstanbury@noya.sch.ae)
- School Counsellor - Ms Lauren Pandit at [lpandit@noya.sch.ae](mailto:lpandit@noya.sch.ae)
- ECA activities - Ms Kristel Bourgeois at [kbourgeois@noya.sch.ae](mailto:kbourgeois@noya.sch.ae)
- Admissions, Ms Hamsa Rakim / Shahzeena at [admissions@noya.sch.ae](mailto:admissions@noya.sch.ae)
- Parent Relations Executive (PRE), Ms. Zeina Younis at [pre@noya.sch.ae](mailto:pre@noya.sch.ae)
- Reception, Ms. Deala Saqr & Ms. Sarah Al Mashjari at [reception@noya.sch.ae](mailto:reception@noya.sch.ae)

Stay tuned for more information through our Class Dojo Application and social media!



@noya\_school



@noyabritishschool



@noyabritishschool